

A TO Z OF FUNDRAISING

Not sure where to start? This A to Z guide is packed with fun ideas to try – both in and out of the office...

A Afternoon tea

Host an afternoon tea – in the office, or at a local venue – and ask for donations for entry. What's not to love about scones and a brew? We're a nation of tea drinkers, after all.

B Bake sale

Channel your inner Mary Berry with an office bake-off. From brownies to banana bread, get everyone to bring in their specialty bakes and sell them off to raise money for Diabetes UK.

C Cold turkey

This one's a bit of a win-win. Crisps, TV, chocolate, smoking – whatever your vice, get people to sponsor you to give it up for a month or more.

D Donate an hour of pay

Alright, we get this doesn't sound a lot. But if you get everyone in the office involved, you'll be surprised how much you can raise.

E Extreme sports

If you're a bit of a daredevil or fancy challenging yourself, sign up for a skydive or bungee jump. Get people to donate before the big day and you'll be off to a flying start – quite literally...

F Football match

Kick off your fundraising with a friendly game of footie. You can go for a full team or 5-a-side. Simply charge teams to enter and you can even ask spectators to donate, too.

G Gift aid

You might not like the taxman, but we do. That's because, if you're eligible, HMRC give us an extra 25p for every pound you donate. It's called Gift Aid and it doesn't cost you a penny extra. Contact us for more information on how to claim.

H Hiking challenge

Organise a hike for yourself or some of your teammates. Whether you choose to hike mountains or the Thames Path, we're sure your colleagues will be happy to sponsor your strides.



I **It's a Knockout**

There's nothing quite like seeing your colleagues careering across an inflatable obstacle course in giant suits. So bring back everyone's favourite 70s game show and charge teams to compete.

J **Jumble sale**

Book out a meeting room and host a jumble sale. Dig out any unwanted items gathering dust in your home and sell them. You know what they say – one man's trash is another man's treasure.

K **Karaoke night**

Trust us, we're sure some of your colleagues are closet karaoke fans. Set up a karaoke night and charge for entry. Plus, try to borrow a karaoke machine, instead of hiring one.

L **Lunch and learn**

Invite people to run a lunchtime learning session – they can be teammates or external speakers with a different set of skills. Then get people to pay what they think the talk was worth.

M **Marathon**

Now, give us time to explain. We don't mean running 26.2 miles – unless you want to. Instead, you could host a movie marathon or a marathon DJ set in the office.

N **Name the...**

An oldie, but goodie – all this guessing game needs is a toy bear or bunny and you're good to go. Simply charge per entry and offer a percentage of the money raised as a prize.

O **Office games**

On your marks, get set, fundraise! Try turning your office into an Olympic-style stadium. We're talking wastepaper bin basketball, desk chair races and security badge toss.

P **Pancake race**

Okay, so this one might be seasonal, but it's still flippin' good. Gather up some workmates to form teams for the race. Just don't forget to flip while you're running – those are the rules.

Q **Quiz night**

Think you know your Beach Boys from your Beastie Boys? Put your knowledge to the test with a quiz night. Each team pays to enter and then battles it out for a prize.



R

Rounders tournament

Transport everyone back to their school days with an office rounders tournament. You can charge per team or per penalty. Then just head to your local park and get batting.

S

Swap lifts for stairs

Did you know stair climbing burns more calories per minute than jogging? We reckon that's a good enough reason to ditch the lift and get sponsored to take the stairs instead.

T

Tuck shop

Set up your own tuck shop and sell your homemade goodies. Plus, lots of shops and bakeries will give any unsold food away at the end of the day, so you can sell those for a donation, as well.

U

Ugly Jumper Day

You've heard of Christmas Jumper Day, but how about Ugly Jumper Day? Get everyone to don their ugliest attire and donate.

V

Valentine's Day

Take on the role of office Cupid when 14 February comes around. For a donation, you could offer cards, roses or even love-themed cakes and treats.

W

Walk or cycle to work

Challenge yourself and your colleagues to make your commute greener and healthier. Ditch the car and pound the pavement or cycle to the office, while your workmates sponsor you.

X

X Factor

Let your inner Stacey Solomon shine with an X Factor-style talent show. You can get people to bid for the opportunity to sit on the judge's panel, too.

Y

Yoga

Inhale, exhale and join your teammates in a tree pose. If you're a bit of a yogi or know someone who is, you could host a yoga class for a small donation.

Z

Zumbathon

Dance your way to valuable funds by holding a workplace Zumbathon. It's a great way to burn some calories and raise some cash.

